

Heidelberg Catechism

Part 2: Deliverance

Lord's Day 25

Question and Answer 65-68

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Question 65:

It is through faith alone
that we share in Christ and all his benefits:
where then does that faith come from?

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Answer 65:

The Holy Spirit produces it in our hearts by the preaching of the holy gospel, and confirms it by the use of the holy sacraments.

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³In reply Jesus declared, “I tell you the truth, no one can see the kingdom of God unless he is born again. ⁴“How can a man be born when he is old?” Nicodemus asked. “Surely he cannot enter a second time into his mother’s womb to be born!” ⁵ Jesus answered, “I tell you the truth, no one can enter the kingdom of God unless he is born of water and the Spirit. ⁶Flesh gives birth to flesh, but the Spirit gives birth to spirit.

John 3:3-5

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¹⁰but God has revealed it to us by his Spirit. The Spirit searches all things, even the deep things of God. ¹¹For who among men knows the thoughts of a man except the man's spirit within him? In the same way no one knows the thoughts of God except the Spirit of God. ¹²We have not received the spirit of the world but the Spirit who is from God, that we may understand what God has freely given us.

1 Corinthians 2:10-12

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¹³This is what we speak, not in words taught us by human wisdom but in words taught by the Spirit, expressing spiritual truths in spiritual words. ¹⁴The man without the Spirit does not accept the things that come from the Spirit of God, for they are foolishness to him, and he cannot understand them, because they are spiritually discerned.

1 Corinthians 2:13-14

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¹³for, “Everyone who calls on the name of the Lord will be saved.” ¹⁴How, then, can they call on the one they have not believed in? And how can they believe in the one of whom they have not heard? And how can they hear without someone preaching to them?.. ¹⁷Consequently, faith comes from hearing the message, and the message is heard through the word of Christ.

Romans 10:13-14, 17

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²³For you have been born again, not of perishable seed, but of imperishable, through the living and enduring word of God. ²⁴For, “All men are like grass, and all their glory is like the flowers of the field; the grass withers and the flowers fall, ²⁵but the word of the Lord stands forever.”

1 Peter 1:23-25

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Question 66:

What are sacraments?

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Answer 66:

Sacraments are visible, holy signs and seals. They were instituted by God so that by our use of them he might make us understand more clearly the promise of the gospel, and seal that promise. And this is God's gospel promise: to grant us forgiveness of sins and eternal life by grace because of Christ's one sacrifice accomplished on the cross.

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³⁸Peter replied, "Repent and be baptized, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. ³⁹The promise is for you and your children and for all who are far off—for all whom the Lord our God will call."

Acts 2:38-39

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²⁶While they were eating, Jesus took bread, gave thanks and broke it, and gave it to his disciples, saying, "Take and eat; this is my body." ²⁷Then he took the cup, gave thanks and offered it to them, saying, "Drink from it, all of you. ²⁸This is my blood of the covenant, which is poured out for many for the forgiveness of sins.

Matthew 26:26-28

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⁸For it is by grace you have been saved, through faith—and this not from yourselves, it is the gift of God—⁹not by works, so that no one can boast. ¹⁰For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Ephesians 2:8-10

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Question 67:

Are both the word and the sacraments then intended to focus our faith on the sacrifice of Jesus Christ on the cross as the only ground of our salvation?

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Answer 67:

Yes! In the gospel the Holy Spirit teaches us and by the holy sacraments confirms that our entire salvation rests on Christ's one sacrifice for us on the cross.

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³Or don't you know that all of us who were baptized into Christ Jesus were baptized into his death? ⁴We were therefore buried with him through baptism into death in order that, just as Christ was raised from the dead through the glory of the Father, we too may live a new life.

Romans 6:3-4

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²⁶You are all sons of God through faith in Christ Jesus, ²⁷for all of you who were baptized into Christ have clothed yourselves with Christ. ²⁸There is neither Jew nor Greek, slave nor free, male nor female, for you are all one in Christ Jesus.

Galatians 3:26-28

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Question 68:

How many sacraments did Christ institute in the New Testament?

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Answer 68:

Two: holy baptism and the holy supper.

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¹⁸ Then Jesus came to them and said, "All authority in heaven and on earth has been given to me. ¹⁹ Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age."

Matthew 28:18-20

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The Lord Jesus, on the night he was betrayed, took bread, ²⁴and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me." ²⁵In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." ²⁶For whenever you eat this bread and drink this cup, you proclaim the Lord's death until he comes.

1 Corinthians 11:23-26