

Heidelberg Catechism

Lord's Day 1
Question and Answer 1

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Question 1:

What is your only comfort in life and in death?

Answer 1:

That I am not my own, but belong—
body and soul, in life and in death—to
my faithful Savior, Jesus Christ.

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Answer 1:

He has fully paid for all my sins with his precious blood, and has set me free from the tyranny of the devil. He also watches over me in such a way that not a hair can fall from my head without the will of my Father in heaven; in fact, all things must work together for my salvation.

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Answer 1:

Because I belong to Him, Christ, by His Holy Spirit, assures me of eternal life and makes me wholeheartedly willing and ready from now on to live for Him.

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⁶ And you also are among those who are called to belong to Jesus Christ.

Romans 1:6

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¹⁵ And he said to them, "Take care, and be on your guard against all covetousness, for one's life does not consist in the abundance of his possessions." **Luke 12:15**

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¹⁹ And I will say to my soul, "Soul, you have ample goods laid up for many years; relax, eat, drink, be merry."²⁰ But God said to him, "Fool! This night your soul is required of you, and the things you have prepared, whose will they be?"²¹ So is the one who lays up treasure for himself and is not rich toward God."

Luke 12:19-21

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Who am I? They often tell me
I stepped from my cell's
confinement... Who am I? They mock
me, these lonely questions of mine.
Whoever I am, Thou knowest,
O God, I am Thine!

Dietrick Bonhoeffer



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Answer 1:

Because I belong to Him, Christ, *by His Holy Spirit, assures me of eternal life* and makes me wholeheartedly willing and ready from now on to live for Him.

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²⁶ And I will give you a new heart, and a new spirit I will put within you. And I will remove the heart of stone from your flesh and give you a heart of flesh.

²⁷ And I will put my Spirit within you, and cause you to walk in my statutes and be careful to obey my rules.

Ezekiel 36:26-27

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¹⁵ For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!"

¹⁶ The Spirit himself bears witness with our spirit that we are children of God,

Romans 8:15-16

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⁹ You, however, are controlled not by the sinful nature but by the Spirit, if the Spirit of God lives in you. And if anyone does not have the Spirit of Christ, he does not belong to Christ.

Romans 8:9

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Answer 1:

Because I belong to Him, Christ, by His Holy Spirit, assures me of eternal life *and makes me wholeheartedly willing and ready from now on to live for Him.*

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...I, however, followed the LORD my God wholeheartedly.⁹ So on that day Moses swore to me, 'The land on which your feet have walked will be your inheritance and that of your children forever, because you have followed the LORD my God wholeheartedly.'

Joshua 14:8b-9

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¹⁹ Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, ²⁰ for you were bought with a price. So glorify God in your body.

1 Corinthians 6:19-20

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²⁰ Thus you will recognize them by their fruits. ²¹ “Not everyone who says to me, ‘Lord, Lord,’ will enter the kingdom of heaven, but the one who does the will of my Father who is in heaven...²³ And then will I declare to them, ‘I never knew you; depart from me, you workers of lawlessness.’ **Matthew 7:20-23**

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Dear God, I understand that I have broken your Law and sinned against you. Please forgive my sins. Thank you that Jesus suffered on the cross in my place and rose from the dead. I now place my trust in Him as my Savior and Lord. In Jesus' name I pray, Amen.

Repent, then, and turn to God, so that your sins may be wiped out, that times of refreshing may come from the Lord - Acts 3:19

Yet to all who received him, to those who believed in his name, he gave the right to become children of God - John 1:12

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